

Group	Autumn		
	HT1	HT2	
	Activity 1	Activity 2	
11A/PE1	<p>Topic Description: Rugby</p> <p>Purpose:</p> <ul style="list-style-type: none"> <li>-To perform a range of skills fluently &amp; accurately in practice</li> <li>-To know strengths / limitations and consider ways to improve</li> <li>-To suggest patterns of play &amp; how to outwit opponents</li> </ul> <p>Literacy focus: Oracy - To talk about ways to improve</p>	<p>Topic Description: Badminton</p> <p>Purpose:</p> <ul style="list-style-type: none"> <li>-To perform a range of skills fluently &amp; accurately in practice</li> <li>-To use a combination of skills confidently</li> <li>-To see all new challenges as opportunities to learn &amp; develop</li> </ul> <p>Literacy focus: Oracy -To explain what went well &amp; identify even better if</p>	
11A/PE2	<p>Topic Description: Football</p> <p>Purpose :</p> <ul style="list-style-type: none"> <li>-To perform a range of skills fluently &amp; accurately in practice</li> <li>-To select &amp; perform appropriate warm up &amp; cool down activities</li> <li>-To modify tactics of attacking and defending so they are different to others</li> </ul> <p>Literacy focus: Oracy - Be able to communicate with others during a conditioned game -Talk about tactics</p>	<p>Topic Description: X-Country / Fitness</p> <p>Purpose:</p> <ul style="list-style-type: none"> <li>-To explain what the fitness components are</li> <li>-To help, praise and encourage others</li> <li>-To say how the body feels before &amp; after a warm up</li> <li>-To know how often to exercise and how to monitor how hard they are working</li> </ul> <p>Literacy focus: Oracy -Talk about the components of fitness</p>	<p>Topic Description: Inter-Form Competition</p> <p>Purpose:</p> <ul style="list-style-type: none"> <li>-To experience competition and demonstrate how to win and lose gracefully</li> <li>- To apply rules and</li> </ul>

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<p style="text-align: center;"><b>11A/PE3</b></p>	<p><b>Topic Description</b> Netball  <b>Purpose :</b> -To perform a range of skills fluently &amp; accurately          -To describe how the body changes before &amp; after exercise          -To adapt tactics for attack and defend  <b>Literacy focus:</b> Oracy -To share ideas</p>	<p><b>Topic Description:</b> Tag Rugby  <b>Purpose:</b>          -To perform a range of skills fluently &amp; accurately in practice          -To know strengths / limitations and consider ways to improve          -To suggest patterns of play &amp; how to outwit opponents  <b>Literacy focus:</b> Oracy -To talk about ways to improve</p>	<p>sportspersonship          - To feel part of a team          -To help, praise and encourage others  <b>Literacy focus:</b>          Oracy - To communicate tactics and encourage team members</p>	<p style="writing-mode: vertical-rl; text-orientation: mixed; font-size: 48px; font-weight: bold;">Chri</p>
<p style="text-align: center;"><b>11A/PE4</b></p>	<p><b>Topic Description:</b> Badminton  <b>Purpose:</b>          -To perform a range of skills fluently &amp; accurately in practice          -To use a combination of skills confidently          -To see all new challenges as opportunities to learn &amp; develop  <b>Literacy focus:</b>          Oracy -To explain what went well &amp; identify even better if</p>	<p><b>Topic Description:</b> Football  <b>Purpose :</b>          -To perform a range of skills fluently &amp; accurately in practice          -To select &amp; perform appropriate warm up &amp; cool down activities          -To modify tactics of attacking and defending so they are different to others  <b>Literacy focus:</b> Oracy          - Be able to communicate with others during a conditioned game          -Talk about tactics</p>		
<p><b>Data Collection</b></p>		<p><b>DC1 - 8th Jan</b></p>		



**Topic**  
**Description:** X-Country / Fitness  
**Purpose:**  
 -To explain what the fitness components are  
 -To help, praise and encourage others  
 -To say how the body feels before & after a warm up  
 -To know how often to exercise and how to monitor how hard they are working  
**Literacy focus:** Oracy -Talk about the components of fitness

# February

**Topic**  
**Description**  
 Tramp  
**Purpose :**  
 -To perform a range of skills confidently  
 -To perform an appropriate sports specific warm up  
 -To give & receive feedback to improve performance & set challenges  
**Literacy focus:**  
 Oracy -To share ideas

sportspersonship  
 - To feel part of a team  
 -To help, praise and encourage others  
**Literacy focus:**  
 Oracy - To communicate tactics and encourage team members

# Es

**Topic**  
**Description**  
 Yoga  
**Purpose :**  
 -To perform a range of skills confidently  
 -To perform an appropriate sports specific warm up  
 -To give & receive feedback to improve performance & set challenges  
**Literacy focus:**  
 Oracy -To share ideas

# May Ho

**Topic**  
**Description:**  
 Tag Rugby  
**Purpose:**  
 -To perform a range of skills fluently & accurately in practice  
 -To know strengths / limitations and consider ways to improve  
 -To suggest patterns of play & how to outwit opponents  
**Literacy focus:**  
 Oracy -To talk about ways to improve

**Topic**  
**Description:**  
 Rounders  
**Purpose :** -To perform a range of skills fluently & accurately  
 -To adjust rules and simple tactics for batting and fielding  
**Literacy focus:**  
 To explain strengths and weakness

**Topic**  
**Description:**  
 Handball  
**Purpose:**  
 -To perform a range of skills fluently & accurately in practice  
 -To give & receive feedback to improve performance  
**Literacy focus:**  
 Oracy  
 - Be able to communicate with others during a conditioned game  
 -Talk about how others are performing well

DC2 - 18th March

mmer

HT6



of Term

